

SERIOUS INJURY / ILLNESS

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	ACTION (NOT NECESSARILY IN ORDER)
A.	<i>Initial Actions</i>
<input type="checkbox"/>	Sound emergency alarm and muster all crew
<input type="checkbox"/>	Make the area around the injured person safe to prevent further injuries
<input type="checkbox"/>	If there is a risk of internal injury do not move the injured person until experienced medical person is present or radio medical advice is received
<input type="checkbox"/>	Bring relevant equipment (first aid kit, stretcher, resuscitator, splints etc.)
<input type="checkbox"/>	Arrange the injured in a stable side position and keep him/her warm
<input type="checkbox"/>	Administer "first aid": <ul style="list-style-type: none"> a. Airway kept clear b. Breathing and heartbeat ensured (otherwise Cardio Pulmonary Resuscitation required) c. Bleeding controlled (casualty not to be moved unless imperative)
<input type="checkbox"/>	Call port authorities for Ambulance if in port. Establish communication and transport casualty to hospital if possible
<input type="checkbox"/>	Consider medical evacuation (medivac) if required by consulting with relevant authorities
<input type="checkbox"/>	Inform company for seeking medical advise
B.	<i>Subsequent Actions</i>
<input type="checkbox"/>	Complete the form 4.1.9 (a: IN THE CASE OF ILLNESS) or form 4.1.9 (b: IN THE CASE OF INJURY) before calling for assistance, except in emergencies
<input type="checkbox"/>	Contact "Dr Dungan" or "CIRM ROME" or "The Royal Netherlands Sea Rescue Organization-Radio Medical Service" or other medical professionals for radio medical advice as per Admiralty List of radio Signals Vol.1
<input type="checkbox"/>	Since the doctor may not be aware of the contents of your ship's medical chest, have ready a complete list of the drugs and appliances available on board.
<input type="checkbox"/>	Monitor and record patient's condition and update to applicable medical service
<input type="checkbox"/>	Keep the injured warm
<input type="checkbox"/>	Protect casualty from further injury and shock

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<input type="checkbox"/>	Do not take minor injuries lightly, examine the casualty further for Unconsciousness b. Suspected internal bleeding c. Stab or puncture wounds d. Wounds near joints (see fractures) e. Possible fractures f. Eye injuries
<input type="checkbox"/>	Prepare for evacuation if necessary
	Inform nearest Maritime rescue co-ordination centre (MRCC) / AMVER - who will contact shipping and other sources of assistance in the vicinity
	Arrange for launch / helicopter if medical evacuation is required
	Consider deviating to nearest port after discussion with company
	Monitor patient condition continuously
	Should the crew member require further treatment in a hospital a Medical treatment form 4.1.8A is to be filled in by the Doctor providing treatment

Note:

- Company will inform P&I Club
- If the illness/injury is very serious requiring hospitalisation then the vessel's Flag is to be informed using relevant Form as required by flag state.
- The following doctors are available on a 24/7 basis:
For ships on the South African Coast and or for ships trading internationally:
Shipmed (contact details as per Section 1: Communications in the Emergency Procedure Manual
OR
If Shipmed is not available:

The Royal Netherlands Sea Rescue Organization
Radio Medical Service
Phone: +31 223 54 2500
INMARSAT- telex and email:
(Urgent MEDEVAC) 38@rmd.knrm.nl
(Regular MEDICAL) 32@rmd.knrm.nl
(Non-Urgent) 00@rmd.knrm.nl,
e-mails are automatically relayed to the doctor in charge

OR
INTERNATIONAL RADIO MEDICAL CENTRE (C.I.R.M.)
Phone: +39-06-59290263
E-Mail : telesoccorso@cirm.it
- Reference materials: International medical guide. MFAG, ALRS VOL 1 IAMSAR